App #:
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<b>20</b> Name:	15 Cass County Medal App	olication	
	State:		
Phone:	Gender:M	aleFemale	
Email:			
Years in Project: Grade	e in School: Age (Jan 1, 20	15) Birthdate:	
Name of 4-H Club (can list more	e than 1):		
considered if younger members a a minimum of 3 years. Member Please indicate below which projections.	re not available. Members must havers must have previously receive	2 and 14. Older members will only be ye been enrolled in the project area for d a County Medal in the project area. ghting the project area. Fill out a new wing for	
Aerospace	Electricity	Personal	
Agriculture	Engines, Tractor and Field	Pets	
Aquaculture	Equipment	Photography and Video	
	Entomology & Bees	Physical Science	
Beef	Family Life	Plant Science	
Bicycle	-		
Biological Sciences	Fashion Revue	Poultry	
Cats	Food and Nutrition	Public Speaking	
Cavy	Forestry	Rabbits	
Child Care and Development	Gardening and Horticulture	Reporting Media	
Clothing and Textiles	Goats	Robotics	
Communications	Healthy Living	Safety	
Community Service	Hobbies and Collections	Sheep	
Computer Technology	Home Environment	Shooting Sports	
Consumer and Family Science	Horse	Swine	
Consumer Education	Industrial Arts	Technology and Engineering	
Cooking	Judging	Veterinary Science	
Dairy	Money Management	Visual Arts	
Demonstration	Outdoor Education and Recreation	Wildlife and Fisheries	
Dogs	Performing Arts	Wood Science	
applying for by highlighting the pro	nembers <b>14 and older</b> . Please indiciplect area. Fill out a new form for each	ch project area you are applying for.	
Achievement	Citizenship	Leadership	
	Approval of Application		
		on to the best of my knowledge and	
abilities. I believe that all of the inf	formation in this application is accura	ate and correct.	
Member Signature:		Date:	

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#### **Autobiography**

Write an autobiography (a short piece about yourself written in third person) that summarizes your life and your 4-H involvement. The autobiography will be used during the Award Recognition Program. (Maximum of 200 words).

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**4-H Story** (Describe how 4-H has helped you personally, your family, or in your career choice. Choose 1 topic to focus on when writing your story. This can be the same for each application you submit, but must be submitted with each application. Experiences listed should be related to your overall 4-H experiences. Information does not have to relate to the award area for which you wish to be recognized. Maximum 1,500 words)

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For the following questions, list only information that is related to the 4-H award area for which you wish to be recognized. Limit your response to no more than 300 words for each question.

1. Choose two life skills from the diagram on page 7 and describe how you have developed each life skill through your 4-H project.

Identify up to two areas of content knowledge (i.e. breed identification, animal care, diseases, crafting techniques, etc.) you have learned in your 4-H project and describe what you have learned and how you learned it.

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For the following questions, list information about your overall 4-H experiences. Information does not have to relate to the award area for which you wish to be recognized. Limit your response to no more than 300 words for each question.

3. Identify one 4-H leadership experience you have had and describe its significance to your personal growth and development.

4. Identify one 4-H citizenship/community-service related experience you have had and describe its significance to you and your community.

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#### **Non 4-H Experiences**

List all extracurricular activities you are involved in outside of 4-H. This should include sports, after school activities, community involvement or faith group involvement.

Attach additional sheet if necessary.

Date	Local	State	National	Description
10/3/2015	Χ			Cross Country team at school (Example)

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## **2015 Cass County Medal Application**



Figure 1. Hendricks, P.A. (1996). *Targeting Life Skills Model: Incorporating Developmentally Appropriate Learning Opportunities to Assess Impact of Life Skill Development*. Ames: Iowa State University Extension and Outreach.